

Marla Silverman, Ph.D.

Marla Silverman, Ph.D. is a psychologist with over 40 years experience working with individuals and couples, teaching, supervising and training therapists. She is faculty and former Director of Training at the Gestalt Center for Psychotherapy and Training . Her work is informed by Gestalt Therapy and Internal Family Systems, 52 years of marriage to the same man, and her own orientation toward the work and joy of helping couples keep it real. She has created “Keeping It Real: A Therapist’s Guide to Working With Couples” a 3 DVD set of principles and practices, as well as demonstration sessions.