

Michael O'Brien is a Licensed Psychoanalyst with over 30 years' experience working with individuals and couples. He has taught and supervised at the Gestalt Center for Psychotherapy and Training for the past 12 years. Michael was originally trained as an orgonomist in the work of Wilhelm Reich. His continuing studies include training in Primal Therapy, Somatic Experiencing, EMDR and most recently in the use of psychedelics as an adjunct to traditional psychotherapy.