| **LEVEL I** |
| --- |
|  |

| **MODULE A: BASIC GESTALT CONCEPTS** | | | | |
| --- | --- | --- | --- | --- |
| **DATE** | **FORMAT** | **TIME** | **TOPICS** | **TEACHERS** |
| **FRI, SEP 30** | In-Person | 5:00-6:00 | New Student Orientation | Faculty |
| 6:00 – 7:30 | Community Opening | Faculty |
| 7:45 – 9:15 | Level 1 Group Demo | Naaz |
| **SUN, OCT 02** | Online | 11:00 – 5:00 | Foundation of Gestalt Therapy Theory | Naaz |
| **FRI, OCT 14** | Online | 6:00 – 7:30 | Experiential Lecture #1: Contact &Contact-Boundary | Naaz |
| 7:45 – 9:15 | Level 1 Group Demo | TBA |
| **SAT, OCT 22** | In-Person | 10:00 – 3:00 | Level 1 Group Demo | TBA |
| **FRI, OCT 28** | Online | 6:00 – 7:30 | Experiential Lecture #2: Theory of Self | Naaz |
| 7:45 – 9:15 | Level 1 Group Demo | TBA |
| **FRI, NOV 04** | Online | 6:00 – 8:00 | Experiential Lecture #3: Sequence of Contacting | Naaz |

| **MODULE B: INTERRUPTIONS TO CONTACTING** | | | | |
| --- | --- | --- | --- | --- |
| **FRI, NOV 18** | Online | 6:00 – 7:30 | Experiential Lecture #1: Introjection & Projection | Rosary |
| 7:45 – 9:15 | Level 1 Group Demo | TBA |
| **FRI, DEC 2** | Online | 6:00 – 7:30 | Experiential Lecture #2: Retroflection | Rosary |
| 7:45 – 9:15 | Level 1 Group Demo | TBA |
| **SUN, DEC 4** | In-Person | 10:00-5:00 | Introduction to Relational Gestalt Therapy | Hiro |
| **FRI, DEC 9** | Online | 6:00 – 7:30 | Experiential Lecture #3: Confluence | Rosary |
| 7:45 – 9:15 | Level 1 Group Demo | TBA |
| **SUN, DEC 11** | In-Person | 10:00 – 3:00 | Level 1 Group Demo | TBA |
| **FRI, DEC 16** | In-Person | 6:00: Graduation （students & guests, faculty)  7:15: Holiday Party (students, faculty, community) | | TBA |
| **TBD** | In-Person | TBA | **WINTER INTENSIVE** | Faculty |

CONTINUED ON PAGE 2

| **MODULE C: GESTALT EXPERIMENTS** | | | | |
| --- | --- | --- | --- | --- |
| **FRI, JAN 20 OR 27? TBD** | Online | 5:00–6:00 | New Student Orientation for students starting in mid-year | Faculty |
| 6:00 – 7:30 | Experiential Lecture #1: Concept of Gestalt Experiment | Ina |
| 7:45 – 9:15 | Mixed-Level Practicum | TBA |
| **FRI, FEB 3** | Online | 6:00 – 7:30 | Experiential Lecture #2: Verbal Experiments | Ina |
| 7:45 – 9:15 | Mixed-Level Practicum | TBA |
| **SAT, FEB 4** | In-Person | 10:00 – 4:20 | Level 1 Practicum | TBA |
| **SAT, FEB 4** | TBD | 11:00 – 5:00 | Make-up for students starting in mid-year | Naaz |
| **SUN, FEB 5** | TBD | 11:00 – 5:00 | Make-up for students starting in mid-year | Rosary |
| **TBD** | TBD | TBD | Group-Demo Make-up for students entering the program in Mod C | TBD |
| **FRI, FEB 24** | Online | 6:00 – 8:00 | Experiential Lecture #3: Suppressive & Expressive Experiments | Ina |

| **MODULE D: SUPPORT & FRUSTRATION** | | | | |
| --- | --- | --- | --- | --- |
| **FRI, MAR 10** | Online | 6:00 – 7:30 | Experiential Lecture #1: Focusing | Daniel |
| 7:45 – 9:15 | Mixed-Level Practicum | TBA |
| **SAT, MAR 18** | In-Person | 11:00 – 5:00 | Embodiment | Matthew |
| **FRI, MAR 31** | Online | 6:00 – 7:30 | Experiential Lecture #2: Support & Frustration | Daniel |
| 7:45 – 9:15 | Mixed-Level Practicum | TBA |
| **SAT, APR 01** | In-Person | 9:00 – 12:00 | Psychotropic Meds | Joe |
| In-Person | 1:00 – 5:00 | SuicideAssessment | Rebecca |
| **FRI, APR 14** | Online | 6:00 – 7:30 | Experiential Lecture #3: Support & Self-Support | Daniel |
| 7:45 – 9:15 | Mixed-Level Practicum | TBA |
| **SAT, APR 16** | In-Person | 10:00 – 4:20 | Level 1 Practicum | TBA |
| **FRI, APR 28** | In-Person | 6:00 – 7:30 | Community Closing | |
| **FRI, MAY 5** | Online | 11:00 – 5:00 | Faculty Meeting (faculty only) | Faculty |
| **SAT, MAY 20** | In-Person | 10:00 – 6:00 | Summer Intensive Prep | TBA |
| **TBD** | In-Person | TBD | **SUMMER INTENSIVE** | TBA |